

OH Workshops Romania - 2010

Bucharest, 10-12 September

For the first time in Romania - unique, empowering and experiential - two-day workshops for both professional and personal development.

OH Workshops have been conducted around the world by **Moritz Egetmeyer (M.A. Humanistic Psychology)** of OH Publishing, Germany for the last 17 years. In his workshops, Moritz trains you to access **intuition** and **communication**, through the use of cards in the OH series. The workshops are designed to enable you to get in touch with your own stream of **creativity** and **processing** skills, via a number of different activities. This increases **awareness** and your ability to positively influence personal as well as professional situations.



Be one of the first in Romania to learn these unique techniques, which can then be used for your own continued self-development or can be used by you, in your professional capacity, to assist your clients, your students and beneficiaries.

This will be Moritz's first visit to Romania and therefore the first time we will have the opportunity to learn how to use the OH "cards of association" to their highest potential, directly from the **OH-cards worldwide project coordinator and one of the cards authors**.

What to Expect: practical hands-on activities, empowering experiences, all kinds of emotions, excitement and painting as you work through a number of activities, which demonstrate how cards in the OH series can be used in the following areas:

1. Communication
2. Assessment
3. Helping Skills
4. Conflict Resolution
5. Creativity
6. Dealing with Personal / Social / Therapeutic Questions
7. Ethics in support roles
8. "Hands-On" Approach to Art

The activities led by Moritz and made possible with OH cards, will create a positive and safe ambience in which the skills of **communication, exchange of perspectives** and **value-free understanding** can be deliberately practiced. The OH cards of association stimulate self-awareness, insight, expression, imagination, creativity and communication with beautiful,



unusual and sometimes challenging images and words. There is no right or wrong, there are no predetermined meanings and interpretations...

Indented audience:

- *Helping specialists* (career counselors, psychologists, therapists, social workers, counselors, school counselors, special-educational-needs workers etc.);
- *Development area workers* - facilitators, trainers, educators, mentors, coach, teachers;
- *Workers in areas of diversity*;
- *Artists* opened to inspirational and unconventional instruments;
- *Students* in above areas;
- *Individuals* interested in personal development, creativity and tools for self- & others-development and social interaction.



What's included in the workshop price?

- handouts with OH cards descriptions, for all OH cards series;
- resources for activities (paints, brushes, etc.);
- certificate of attendance;
- certificate for 15 GCDF continuous education hours (for GCDF participants);¹
- the opportunity to purchase cards from the *OH* series at special workshop prices;
- two whole days of experiential-filled learning for your own personal and professional development, under the guidance of *OH* expert, Moritz Egetmeyer (M.A. Humanistic Psychology).

How much will you invest*?

- **100 Euros** - earlybird, paid in full no later than August 3rd;
- **120 Euros** – otherwise, no later than 3rd of September.

*Note that a deposit of 30 Euros** or full payment is required to hold your place. We do not guarantee to hold a place for you if you have not paid the deposit.

Cancellation policy: if participant is not present in the class or cancelled participation **less than 21 days before the workshop, the deposit will be lost.

When and Where?

Bucharest, 10-12 of September, 2010. Venue will be communicated to enrolled participants, at least 14 days before the program start.

Agenda overview

¹ Will be sent later after workshop, by NBCC Romania, to each GCDF participant.



active labs



carduri OH

Friday, September 10th 17:00 – 21:00
Saturday, September 11th 09:30 – 18:00
Sunday, September 12th 09:00 – 12:00

[Enroll in this unique program directly on our website \(click to enroll\)!](#)

For more information contact - Iulia Sara - **OH-cards Romania coordinator.**

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